



ResTrial GastroEndo s.r.o.

Klinika ResTrial, Sofijské náměstí 3404/3, Praha 4 Modřany

Tel: +420 730 893 972, email: gastroendo@restrial.com

Patient Informed Consent Form with Colonoscopy and possible polypectomy

(endoscopy of lower intestinal system)

Patient:
name, surname, personal birth number

Dear Patient,

Your informed consent form is essential for the conduct of the examination recommended to you. To help you make your decision regarding undergoing the procedure we inform you hereby about the method, the importance, as well as any potential complications of the examination.

Why do we recommend the endoscopy of lower intestinal system to you?

Colonoscopy is a medical examination of the lower intestinal system conducted in order to eliminate the possibility of any pathological findings using thin, flexible, long instrument – colonoscope, which enables the display of the examined area. The examination can be performed either to identify the reasons of your difficulties or as prevention. If any pathological finding is suspected, small pieces of intestinal tissue can be removed by the above-mentioned instrument for microscopic examination. Sampling is painless. If an excrescence (polyp) is found, polypectomy will be performed (where circumstances allow for it) with a polypectomy instrument. Polypectomy is painless, too.

At the current state of medicine, there is no alternative procedure that would allow for examination of rectum and large intestine, collection of samples of suspicious tissues and performance of any medical intervention altogether within only one medical examination.

The better the preparation of the intestine, the better conditions for the examination. Please, follow the instructions for cleansing the intestine diligently.

Examination process

The flexible instrument (colonoscope) is inserted into the rectum all the way to where the small intestine connects to the large intestine, which may be uncomfortable. That is why it is possible to administer calming medication via injection before or during the procedure. By introducing air into the examined area mucosal lining of the large intestine and possible pathological findings become clearly visible. Samples of tissue may be collected with small scissors during the procedure (biopsy).

Polypectomy: it may occur that one or more excrescences (polyps) are detected on the intestine wall during the examination. Some such small polyps may be removed already during the examination, after which you will be free to go home.

Potential complications

Colonoscopy is an invasive procedure and thus, complications may occur, as is possible with any other invasive procedure, however, complications are very rare in performing colonoscopy. Unless you have increased tendency to bleeding, collecting tissue samples will only lead to slight bleeding. The occurrence of allergic reactions to calming medication or stronger bleeding are very rare, as well as any instrument injury. **Please, answer following questions** to avoid the risk of bleeding and occurrence of any complications with the local anesthetic to minimum:

1. Do you have increased tendency to bleeding in the event of small injuries or tooth extraction?	Yes - No
2. Do you take any medication which affects blood clotting? (Anopyrin, Godasal, Warfarin, Lawarin, Xarelto, Pradaxa, Arixtra etc.)	Yes - No
3. Do you suffer from hay fever, hypersensitivity to food, medications, plasters or local anesthetic medication?	Yes - No
4. Are you pregnant?	Yes - No
5. Do you suffer from any chronic disease (such as glaucoma, epilepsy)? Please, specify?	Yes - No



ResTrial GastroEndo s.r.o.

Klinika ResTrial, Sofijské náměstí 3404/3, Praha 4 Modřany

Tel: +420 730 893 972, email: gastroendo@restrial.com

Behaviour before and after colonoscopy

The day before the examination, please, follow the given instructions for preparation. If you are applied any calming medication for the procedure, do not drive and avoid activities that require increased attention for the following 24 hours from the administration of the medication, as your capacity to react will be limited. Due to the above-described reasons, come accompanied. If you feel any abdominal pressure or you detect any rectum bleeding after the examination, inform your physician immediately. If these difficulties appear after your leaving the endoscopic medical center, contact the nearest surgical department. Please, follow any and all instructions provided to you after the examination by your physician and/or a nurse.

Behaviour after polypectomy

Depending on the extent of the procedure, resting with restricted physical activity is recommended for 2-5 days after the polypectomy (excrement removal). Regarding diet and any other possible restrictions, you will be informed by the physician prior to your leaving the medical center. Monitoring of your stool will be necessary. **If your stool contains blood or abdominal pressure appears, it is necessary to report it to the medical staff.**

Ask any questions or for any clarification.

I hereby represent and confirm that I have received full guidance and explanation about what this informed consent form contains. I declare that I have understood the above-stated and I have had a sufficient opportunity to ask the physician any additional questions to which he/she answered in a clear and satisfactory manner, and I hereby agree with: Colonoscopy examination, collecting biological samples and, if necessary, performing polypectomy. I have made this decision freely and with full awareness of my actions.

In Prague on: Patient's signature:

Physician's name: Physician's signature:

In case of your first visit please fill out the following:

Diseases you are being treated with:

.....

Medicines you take:

.....

Allergies:

Operations:

Suffered accidents:

Alcohol: yes x no Smoker: yes x no

Have you ever undergone a stomach examination – Gastroscopy? Year.....

Have you ever undergone an intestine examination – Colonoscopy? Year.....

Your address.....

Tel.: E-mail: